

Training Solutions

Level 3 First Aid at Work Requalifying Course (RQF)



Who Is This Course Designed For?

The QA level 3 Award in First Aid at Work Requalification Course is specifically designed to allow first aiders to renew their first aid at work qualification when their certificate is due to expire.

Successful candidates will practice essential first aid procedures, as well as learn the latest techniques for dealing with emergency situations and managing injuries and illnesses in the workplace.

What's more, as a regulated qualification, employers can book this course for their employees and rest assured that they have fulfilled their legal responsibilities for providing quality first aid training, without having to undertake any lengthy due diligence checks.

About the Course

- > Duration: 2 days
- > Qualsafe regulated
- > Refresher training recommended every 3 years

What Do I Do Next?

If you would like a course exclusively run for your employees, at your business premises, we would be happy to arrange this for you. Prices for a closed course are available on application.

Please call **01777 861861** or email our training department at sales@pibrm.com to discuss further or book a place on one of our open courses.

What Is Covered?

- > The role and responsibilities of a first aider
- > Assessing an incident
- > Managing an unresponsive casualty
- > CPR and defibrillation
- > Recovery position
- > Heart attack & stroke
- > Choking & Epilepsy
- > Asthma & Diabetes
- > Anaphylaxis & shock
- > Head and spinal injuries
- > Chest injuries & fractures
- > Wounds and bleeding
- > Sprains, strains and dislocations
- > Minor injuries
- > Burns and scalds
- > Eye injuries & poisoning

