

# Training Solutions

## Level 3 Award in First Aid at Work – Blended Learning (RQF)



### Who Is This Course Designed For?

The Level 3 Award in First Aid at Work – Blended Learning (RQF) qualification is specifically designed for individuals who wish to act as a first aider in their workplace.

With our new 'Blended Learning' option, you can now complete our online, innovative self-study e-learning before completing two trainer-led days in the classroom, practising the exciting, practical side of first aid.

What's more, as a regulated qualification, employers can book this course for their employees and rest assured that they have fulfilled their legal responsibilities for providing quality first aid training, without having to undertake any lengthy due diligence checks.

Under the Health and Safety (First Aid) regulations of 1981, all employers are required to make arrangements to ensure immediate attention is given to employees if they are injured or taken ill at work.

### About the Course

- > Duration: 3 days total - 1 day e-learning & 2 days classroom
- > Qualsafe regulated
- > Refresher training recommended every 3 years

### What Do I Do Next?

If you would like a course exclusively run for your employees, at your business premises, we would be happy to arrange this for you. Prices for a closed course are available on application.

Please call **01777 861861** or email our training department at [sales@pibrm.com](mailto:sales@pibrm.com) to discuss further or book a place on one of our open courses.



### What Is Covered?

- > The role and responsibilities of a first aider
- > Assessing an incident
- > Managing an unresponsive casualty
- > CPR and defibrillation
- > Recovery Position
- > Heart attack & stroke
- > Choking & Epilepsy
- > Asthma & Diabetes
- > Anaphylaxis & shock
- > Head and spinal injuries
- > Chest injuries & fractures
- > Wounds and bleeding
- > Sprains, strains and dislocations
- > Minor injuries
- > Burns and scalds
- > Eye injuries & poisoning



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