

# Training Solutions

## Working at Height Training – Construction

### Who Is This Course Designed For?

Manager, Supervisors, Operatives, Site Supervisors, who need to have working at height knowledge for their own safety and for the safety of others on construction sites.

This training course will help you to understand the key safety and legal requirements to reduce the risks of working at height access equipment.

It will give attendees up to date knowledge of the hierarchy of controls for working at height.

### About the Course

- > Duration: 1/2 day
- > Format: Face-to-Face
- > Refresher training recommended every 3 years

### What Do I Do Next?

If you would like a course exclusively run for your employees at your business premises, we would be happy to arrange this for you. Prices for a closed course are available on application.

Please call **01522 690 237** or email Elizabeth Turner at [elizabeth.turner@pibrm.com](mailto:elizabeth.turner@pibrm.com) to discuss further or book a place on one of our open courses.

### What Is Covered?

#### Introduction

- > Legislation affecting Working at Height
- > What are the main causes of Work at Height accidents?
- > Work at Height statistics & trends

#### How do you control Work at Height risks?

- > Risk assessment
- > Control of contractors
- > Permits

#### Selection of appropriate Work at Height Equipment

- > Hierarchy of control regarding selection of equipment

#### Safe use of Ladders & Stepladders

- > Inspection, transportation & erection of ladders & stepladders

Assessment is via a multiple-choice test paper.