

# Training Solutions

## Noise Awareness Training

### Who Is This Course Designed For?

Damage to hearing is permanent and irreversible and can be very debilitating for the sufferer. High levels of noise at work can seriously affect people's general health and safety and their overall wellbeing.

Therefore, it is of the utmost importance that noise levels and people's exposure to noise at work are kept to an absolute minimum. This noise awareness course is designed to familiarise you with the risks posed by noise and help employers and employees alike keep noise emissions as low as they possibly can.

The course looks at the risks posed by noise to hearing, general wellbeing, and workplace safety and will provide information on legislation and employer and employee responsibilities. It will teach you how to carry out a risk assessment and how you can utilise your findings to implement control measures and prevent harm from coming to employees

### About the Course

- > Duration: Half day
- > Format: Face-to-Face or remote online learning
- > Refresher training recommended every 3 years

### What Do I Do Next?

If you would like a course exclusively run for your employees, at your business premises, we would be happy to arrange this for you. Prices for a closed course are available on application.

Please call **01522 690 237** or email Elizabeth Turner at [elizabeth.turner@pibrm.com](mailto:elizabeth.turner@pibrm.com) to discuss further or book a place on one of our open courses.

### What Is Covered?

#### Noise at Work Symptoms

- > Introduction, noise and its effects
- > Noise induced hearing loss cause and symptoms
- > Legal requirements
- > Noise measurement and conducting work area surveys

#### Preventive Measures

- > Noise reduction control measures
- > Noise at work assessment
- > Demonstration of noise meter
- > Selecting appropriate hearing protection equipment
- > Information, instruction and training of personnel
- > Defining hearing protection zones
- > Hearing conservation programmes

Assessment is via a multiple-choice test paper.