

Training Solutions

Level 3 First Aid at Work (Annual Refresher) (RQF)



Who Is This Course Designed For?

The QA Level 3 Award in First Aid at Work (Annual Refresher) (RQF) qualification is specifically designed to allow qualified first aiders to update their first aid skills yearly, until requalification training is required.

Successful candidates will leave with a renewed confidence, having had the opportunity to practise essential first aid procedures, as well as learn the latest techniques needed to deal with an emergency situation.

About the Course

- > Duration: Half day
- > Quasafe regulated
- > Refresher training recommended every 3 years

What Do I Do Next?

If you would like a course exclusively run for your employees, at your business premises, we would be happy to arrange this for you. Prices for a closed course are available on application.

Please call **01522 690 237** or email Elizabeth Turner at elizabeth.turner@pibrm.com to discuss further or book a place on one of our open courses.

What Is Covered?

- > Assessing an incident
- > Managing an unresponsive casualty
- > Recovery Position
- > CPR and defibrillation
- > Choking
- > Seizures



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