

Training Solutions

Level 2 Award in Principles and Practice of Moving People Safely (RQF)



Who Is This Course Designed For?

The QA Level 2 Award in Principles and Practice of Moving People Safely (RQF) is a regulated and nationally recognised qualification that has been specifically designed for those who work, or intend to work, in a role that involves assisting and moving people.

This 1 day course provides candidates with a clear understanding of the principles of moving people safely and includes the opportunity to practise and apply these principles in a variety of situations; individually, in a team, and with the assistance of equipment.

Candidates will leave the course with the knowledge and skills required to move people safely whilst ensuring that the risk of personal harm is reduced and that health and dignity are retained.

About the Course

- > Duration: 1 Day
- > Quallsafe regulated
- > Refresher training recommended every 3 years

What Do I Do Next?

If you would like a course exclusively run for your employees, at your business premises, we would be happy to arrange this for you. Prices for a closed course are available on application.

Please call **01777 802377** or email Sarah Bartlett at Sarah.Bartlett@pibrm.com to discuss further or book a place on one of our open courses.

What Is Covered?

- > Importance of safe manual handling
- > Injuries and ill health caused by incorrect manual handling
- > Employee and employer requirements
- > Consequences of non-compliance with health and safety requirements
- > Manual handling risk assessments
- > Personal handling plans
- > Personal safety, health and dignity issues
- > Unsafe manoeuvres
- > Anatomy of the spine and mechanics of movement
- > Principles of moving people safely
- > Procedures for emergency handling
- > Requirements for testing and servicing equipment
- > Practice of safe and efficient movement

Principles

- > Using aids and equipment
- > Moving a person on their own
- > Moving a person as part of a team



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