

Training Solutions

Level 2 Basic Life Support for Adults and Children (RQF)



Who Is This Course Designed For?

The QA Level 2 Award in Basic Life Support for Adults and Children (RQF) is a regulated and nationally recognised qualification designed to equip candidates with the essential skills needed to administer safe, prompt and effective basic life support in an emergency situation.

It is the perfect qualification for those who have a specific responsibility at work, or in voluntary and community activities to provide basic life support for adults and children. It is also ideal for qualified first aiders who are looking to refresh their knowledge and practise the latest basic life support techniques.

About the Course

- > Duration: Half day
- > Quasafe regulated
- > Refresher training recommended every 3 years

What Do I Do Next?

If you would like a course exclusively run for your employees, at your business premises, we would be happy to arrange this for you. Prices for a closed course are available on application.

Please call **01522 690 237** or email Elizabeth Turner at elizabeth.turner@pibrm.com to discuss further or book a place on one of our open courses.

What Is Covered?

- > Assessing an incident

Managing an unresponsive casualty who is not breathing normally:

- > Recognising when to commence CPR and defibrillation
- > Adult CPR and defibrillation
- > Child CPR and defibrillation
- > Infant CPR and defibrillation

Managing an unresponsive casualty who is breathing normally:

- > Assessing levels of consciousness
- > Opening the airways
- > Checking breathing
- > Recovery Position

Managing choking

- > Recognising the signs of choking
- > Choking treatment for adults, children and infants



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